

# Prayer Activity



We often feel that the world is a dark place,  
the things people say or do make us feel broken  
we are shaken by all that happens in the world around us

but Jesus Said...

*"I am the light of the world. Whoever follows me will not walk in darkness,  
but will have the light of life." (John 8: 12)*

We can receive the Light, and know God's Hope.

Step forward, and take an unused glowstick,  
it is unlit, but has potential to shine.

Pause for a moment, God is with you,  
and knows that you have great potential.

Activate the glowstick, bend it and shake it.

Place it with the others in the Cross,  
each one has been broken and shaken

Jesus was broken for you. Ask that God might bring hope and peace.

Take one of the glow sticks from the cross  
May the light go with you.